

IS MY CHILD A YOUNG CARER?

A factsheet to support parents to understand why their child may be a Young Carer

MYTIME, and your child's school/college, understand that every family is different but any family can experience ill health, disability or addiction.

We understand that parents may feel worried about speaking to schools/colleges about the health of their family but we are here to reassure and support you every step of the way.

We believe all young people should have the same chance to do well at school, experience fun activities and have someone to speak to if they are feeling sad or worried.



A Young Carer is a child aged 5-18 years old who provides care or emotional support to a family member

The person may need help due to:



Physical Disability



Mental Health Condition



Long-Term Illness



SEND



Substance Misuse



Age Related Health

When school/college know a child has a caring role for their family they can offer:



Support



Friendship



School Groups